



**Sponsored by:
Down Syndrome Association of the Lowcountry**

OBJECTIVE

The program is devoted to helping young adults to develop the skills and experiences that enhance their quality of life through fun, interactive activities in the community, to promote their skills as self-advocates, to enable them to become volunteers within our community and to develop independent living skills.

GOALS

- To gain experiences through fun activities in the community.
- To promote self advocacy skills
- To develop skills to become independent adults
- To donate time and talents to local charities and organizations

PROGRAM DESCRIPTION

- Parent commitment is essential in preparing the young adult to contribute to the welfare of the community.
- Parents need to be aware of programs that promote and protect their child's future.
- Areas to develop with the young adults include but are not limited to healthcare, employment, independent living facilities, college, diplomas, sexual identity, volunteering and voting.
- The program is designed for young adults ages 13 to 23.

PROGRAM OUTLINE

- While social entertainment will be a part of the program, it is not the emphasis. The 30 minute information session will require the parent's involvement.
- Each session will be approximately 2 ½ hours long with a 30 minute information session for both parent and young adults.
- Extra curricula activities lasting about 2 hours with director, parents may leave at this time.
- The group will try to meet every month on the third Saturday at 6:00 p.m.